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Recruiting Coordinators: Phillip Evans , Alonzo Ford , and Preston Woodard

***As of January 2023, standardized test scores are not required for all student-athletes who initially enroll full-time on or after August 1, 2023. NCAA Divisions I and II adopted this legislation to remove standardized test scores from initial-eligibility requirements.

It's important to remember that each college may have additional or more stringent academic requirements, so researching and understanding the specific requirements of the institutions you're interested in is crucial. This guide is general, and there may be additional requirements or steps depending on your specific situation and the sport you play.***

Freshman Year:

Academics:

- Make a solid start by maintaining good grades. Begin taking NCAA-approved core courses. For Division I schools, you'll need a total of 16 core courses throughout high school. This includes 4 years of English, 3 years of math (Algebra 1 or higher), 2 years of natural/physical science (including one year of lab science if your high school offers it), 1 additional year of English, math, or natural/physical science, 2 years of social science, and 4 years of additional courses (from any area above, foreign language, or comparative religion/philosophy).
- Take your PSAT and take it SERIOUSLY, then get signed up for Khan Academy. Make sure the recruiting coordinators are aware of your PSAT scores to see if you need any extra practice before the real test.
 - Khan Academy will help with practicing for your SAT.
- Pass the STAAR Test!
- NCAA Certification Account: You won't be eligible to be recruited until your sophomore year, but starting a certification account can help you understand the process and the requirements.
- Make sure Coach Brittain and the recruiting coordinators have your correct address, e-mail, and phone numbers
- Talk to Recruiting Coordinators or Coach Brittain any time you have a question

Sophomore Year:

Academics:

- Continue focusing on your grades and taking NCAA-approved core courses to fulfill the requirements mentioned above.
- NCAA Certification Account: Update your account with your academic and athletic progress.
- Take your PSAT again and take it SERIOUSLY, then get signed up for Khan Academy.
 - Khan Academy will help with practicing for the SAT.

- If able to sign up for the SAT practice course offered at AHS when signing up for your Junior Classes do so.
- Begin Researching Colleges: Start investigating colleges that interest you, both athletically and academically. Consider factors like size, location, majors offered, and of course, the athletic program.

Junior Year:

Academics:

- Junior year is critical academically. Continue taking NCAA-approved core courses and maintain a strong GPA.
- NCAA Certification Account: Continue updating your account with your academic and athletic progress.
- College Contacts: You can start reaching out to college coaches proactively. Send them your athletic resume and any relevant game footage.
- Find out when colleges, especially smaller schools, are having their Junior Days and start planning unofficial visits.
 - Make arrangements to go visit
 - Take the list of questions to ask on a college visit with you

Senior Year:

Academics:

- Keep up your GPA in challenging NCAA-approved core courses.
- NCAA Certification Account: Complete your account by uploading your final transcript and proof of graduation.
- College Applications: Apply to the colleges you're interested in. Remember, you're not just applying to be an athlete; you're also applying to be a student.

General Athletic Guide for each Offseason:

- Have a great offseason, spring, & SAQ training
 - Make good decisions and commit to doing things the right way, on and off the field.
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 - The best way to get recruited is to be a great player on a great team. If our team is successful there is an improved chance that colleges will be keeping an eye out on us.
- Be prepared to handle all the attention that comes with being recruited!
 - Be yourself at all times. You are being recruited because of your athletic ability, grades, and character. Keep doing what you have been doing, but take it up a level.

- Remain humble and don't brag about individual success around other teammates.
- **Be careful on social media.** College coaches watch the social media behavior of all athletes they are interested in.
- Find out when each school is having its summer camp and go to 3-5 camps at schools that you are interested in.
 - Go to at least one mega camp (a camp with multiple colleges) and any Next Level Athlete or Nike Camps

COLLEGE VISIT QUESTIONS

For the Athlete

1. Be on your best behavior – they are evaluating you also!
2. Dress to impress.
3. When speaking to coaches, professors, admin personnel, etc., use “Yes Sir, No Sir, Yes Ma’am, No Ma’am.”
4. If possible, try to visit the college of your major, talk to professors, etc...
5. Look them in the eye and be truthful. Sit up and pay attention in meetings.
6. Ask coaches what their plan is to develop you as an athlete and person. (Have a list of expectations/desires from them ready.)
7. Stay away from situations that have the potential to bring trouble.
8. Take a tour of the campus, education buildings, student services buildings, dorms, etc.
9. Eat in the cafeteria where the football players eat.
10. Talk to other athletes that are in the program other than your guide(s).
11. Ask your guide about the good and bad of the football program and university.
12. Ask your guide if he had it to do all over again, would he still come to this same School?

For the parent

1. Ask coaches what their plan is to develop your child as an athlete and person. (Have a list of expectations/desires from them ready.)
2. What is the graduation rate for the football team?
3. How does this compare to the rest of the student body?
4. Are tutors provided to the student/athlete?
5. Who provides the tutors?
6. Is there a study center provided for the student/athlete?
7. How many class hours will the student/athlete take per semester?
8. What type of courses can I expect my child to take in their first year?
9. What are the grade requirements for eligibility?

10. Are there counselors provided to the student/athlete if they are having a hard time adjusting to college life?
11. Will my child's coach have an "Open Door Policy" for any kind of visit my child needs?
12. Will I as a parent be able to call my child's position coach and talk to them if needed?
13. Where are the dorms in relation to the athletic facility?
14. Are the dorms for athletes only?
15. Who all lives in the dorms?
16. How is the food in the cafeteria?
17. Will my child be put on any kind of diet or eating program?
18. Will my child be "Redshirted" their first year?
19. What are the chances of my child playing their first year?
20. What position will they play?
21. If my child is "Redshirted" what will their role be on the team?